

# NEW Perspective

## Hope Found in the Lord's Prayer: *Seeing God's Protection*

February 7, 2010 - Pastor David Carothers

Jesus – “And do not lead us into temptation, but deliver us from evil.”  
Matthew 6:13a (NASB)

“The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, He will show you a way out so that you can endure.”

1 Corinthians 10:13 (NLT)

### WHAT I NEED TO KNOW ABOUT TEMPTATION...

#### • EXPECT \_\_\_\_\_

“The temptations in your life are no different from what others experience...”  
1 Corinthians 10:13a (NLT)

Physically exhausted	0 1 2 3 4	Energetic and in shape
Discouraged or pessimistic	0 1 2 3 4	Encouraged & hopeful
Bored & discontented	0 1 2 3 4	Challenged & contented
Spiritually dry/empty	0 1 2 3 4	Spiritually alive and growing
Alone/distant from others	0 1 2 3 4	Close to those you love
Insecure or unsure	0 1 2 3 4	Confident & secure
Wounded/hurting	0 1 2 3 4	Loved & understood
Bitter or angry	0 1 2 3 4	Forgiven all others
Sad	0 1 2 3 4	Happy
Like you've failed	<u>0 1 2 3 4</u>	Successful
Total:		(Rick Warren: “Heart Check Up”)

“Guard your heart above all else, for it determines the course of your life.”  
Proverbs 4:23 (NLT)

#### • GOD \_\_\_\_\_

“...And God is faithful. He will not allow the temptation to be more than you can stand...”  
1 Corinthians 10:13b (NLT)

“So humble yourselves before God. Resist the devil, and he will flee from you.”  
James 4:7 (NLT)

## • **GOD** \_\_\_\_\_

*"...When you are tempted, He will show you a way out so that you can endure."*  
1 Corinthians 10:13c (NLT)

*"Mark out a straight path for your feet; stay on the safe path. Don't get sidetracked; keep your feet from following evil."*  
Proverbs 4:26-27 (NLT)

## **Four Actions to Discover God's Way Out**

### ① **BUILD** \_\_\_\_\_

*"Don't be dejected and sad, for the joy of the Lord is your strength!"*  
Nehemiah 8:10b (NLT)

### ② **CREATE** \_\_\_\_\_

*"Two people are better off than one, for they can help each other succeed. If one person falls, the other can reach out and help. But someone who falls alone is in real trouble."*  
Ecclesiastes 4:9-10 (NLT)

*"Confess your sins to each other and pray for each other so that you may be healed."*  
James 5:16a (NLT)

### ③ **FEED** \_\_\_\_\_

*"Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death."*  
James 1:14-15 (NLT)

*"I have hidden your word in my heart, that I might not sin against You."*  
Psalms 119:11 (NLT)

### ④ **PRAY** \_\_\_\_\_

*Jesus - "Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak!"*  
Matthew 26:41 (NLT)

*"This High Priest (Jesus) of ours understands our weaknesses, for he faced all of the same testings we do, yet he did not sin. So let us come boldly to the throne of our gracious God. There we will receive His mercy, and we will find grace to help us when we need it most."*  
Hebrews 4:15-16 (NLT)